



## Waffles for Three

### INGREDIENTS:

- ½ C. whole wheat flour
- ½ C. white flour
- ½ tsp. baking soda
- ¼ tsp. baking powder
- ½ Tbsp. sugar
- ¼ tsp. salt
- \*¾ C. buttermilk
- ¼ C. oil
- 1 egg, beaten

**DIRECTIONS:** Combine dry ingredients. Combine wet ingredients. Add wet ingredients to the dry and mix only till combined. Pour desired amount of batter into hot waffle iron. Enjoy.

\*I seldom keep buttermilk on hand and simply substitute regular milk with 1 Tbsp. of lemon juice added to it. The milk will thicken like buttermilk.

Our favorite toppings for these waffles are: Sausage gravy, maple syrup, fresh strawberries or blueberries sprinkled with powdered sugar.